

Rama and Sita song words & role-play ideas

Rama and Sita song words

Sing to this tune: 'There was a princess long ago'

<http://www.letsplaykidsmusic.com/there-was-a-princess-long-ago>

There was a princess long ago

Rama was a handsome prince

They went to live in the forest green

A lovely deer came running by

Ravana took Sita away

The monkeys came and rescued her

Everyone is happy now

Role-play ideas

There was a princess long ago.

Sita

Action idea: Bow your head and put your hands together in prayer.

Rama was a handsome prince.

Rama

Action idea: Pretend to put on a crown.

They went to live in the forest green.

Rama & Sita

Action idea: Rama and Sita link arms and walk around the room.

A lovely deer came running by.

Deer

Action idea: skip around the room.

Ravana took Sita away.

Ravana

Action idea: Link Sita's arm and lead her to the other side of the room.

The monkeys came and rescued her.

Hanuman

Action idea: Make monkey movements and collect Sita and take her back to the Rama.

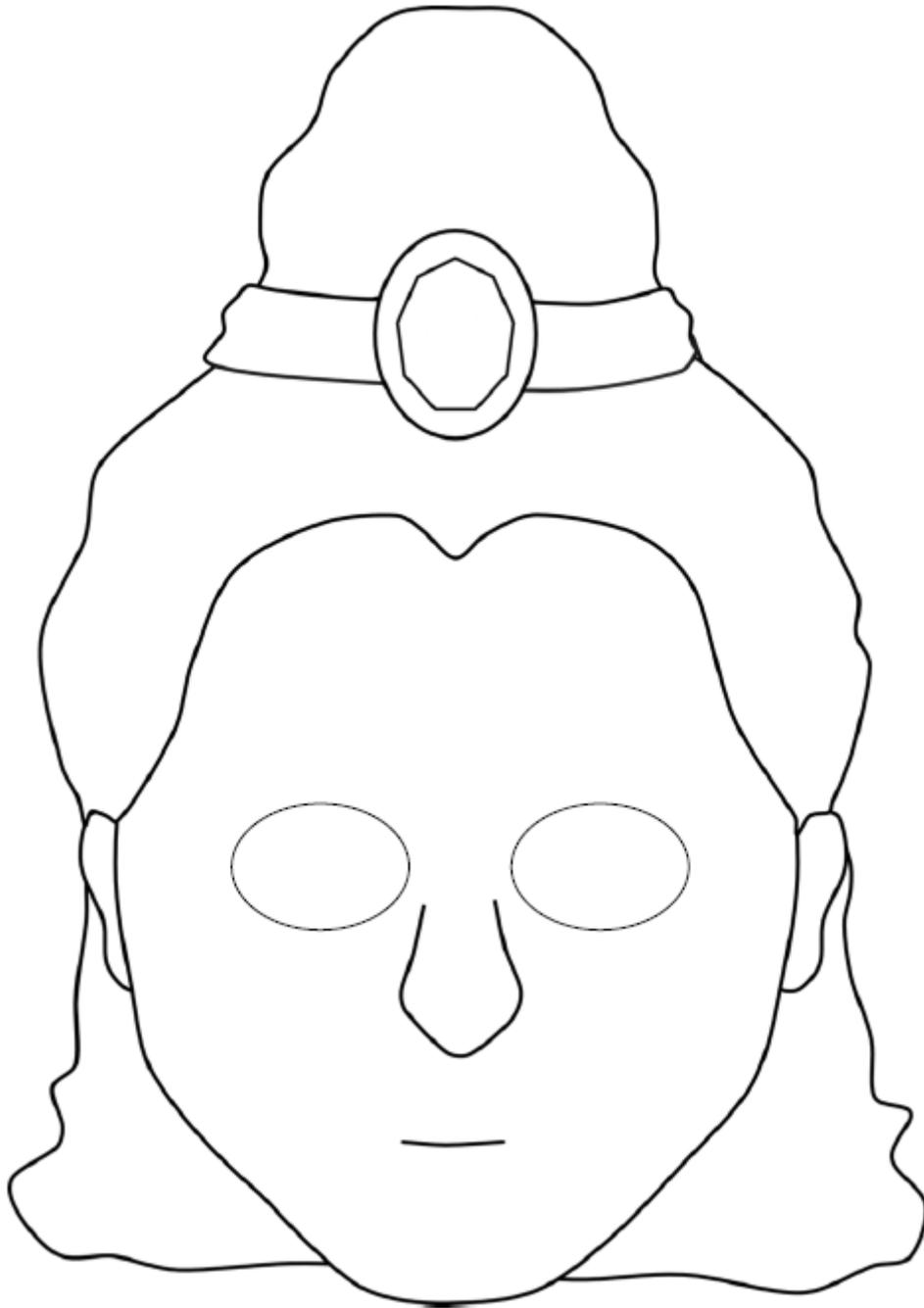
Everyone is happy now.

Action idea: Everyone hold hands and walk in a circle.

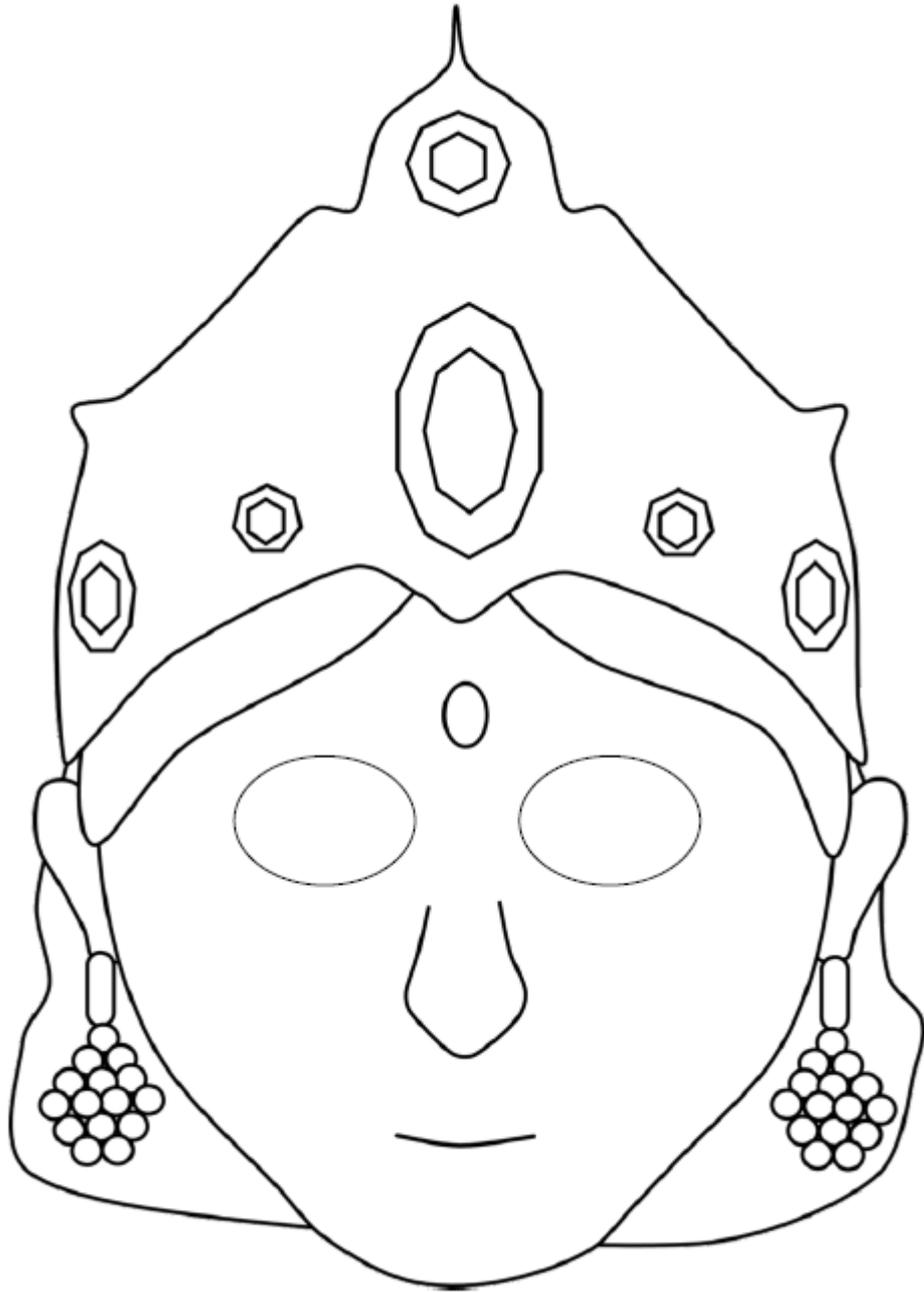
Role play masks

For each mask, cut them out (and cut out the eye holes), then attach to a lollipop stick or pencil for children to hold when role-playing.

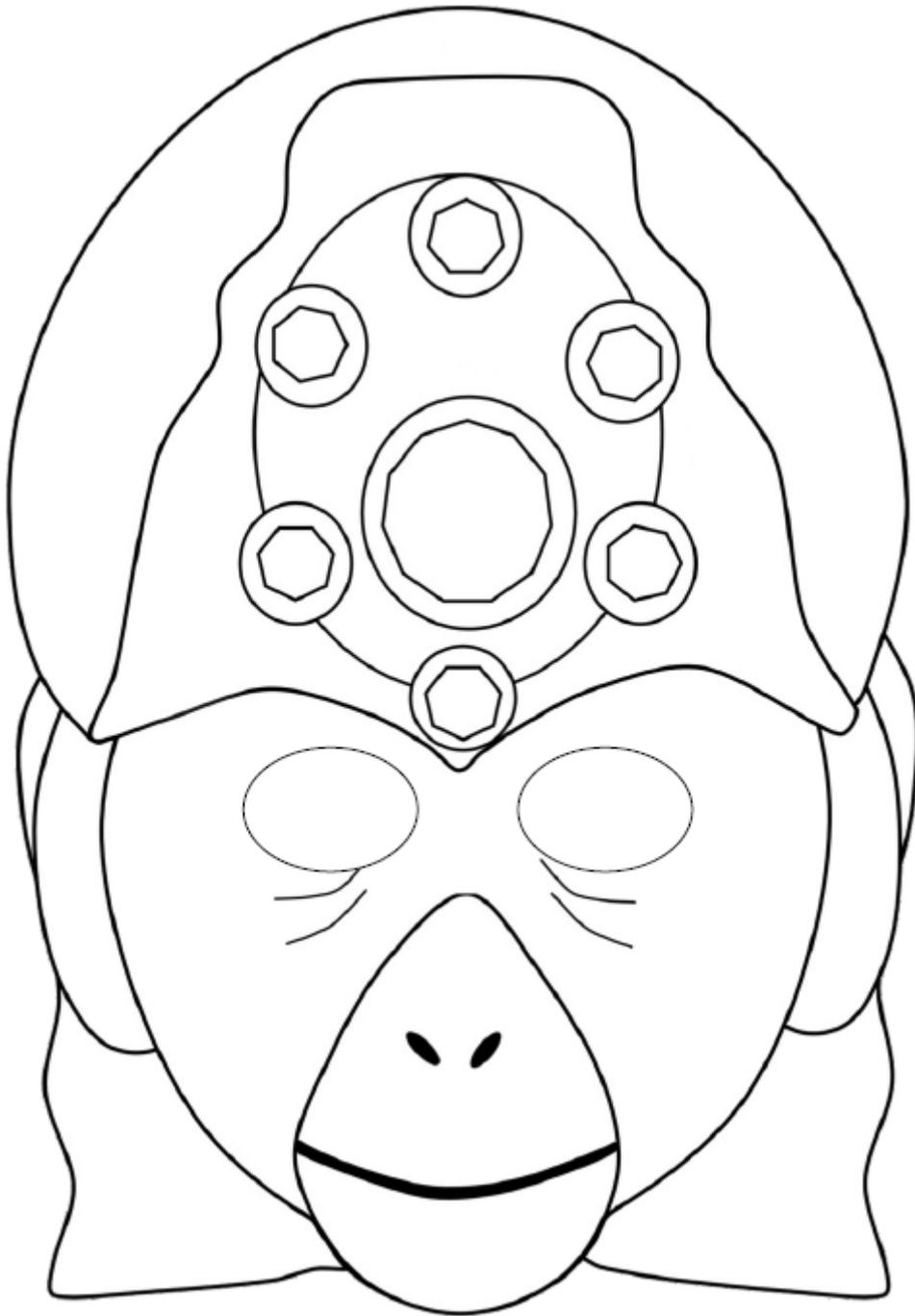
Rama



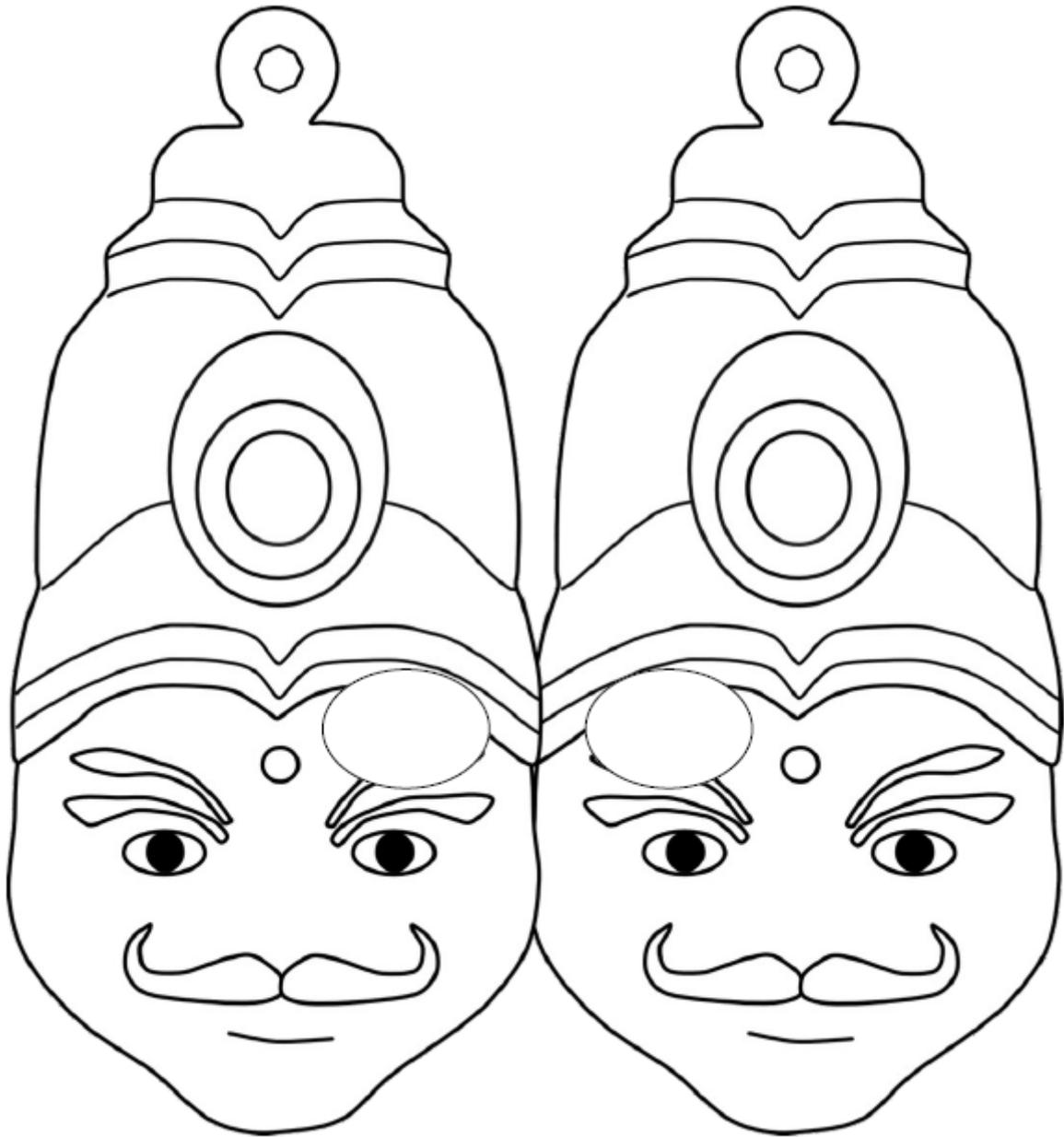
Sita



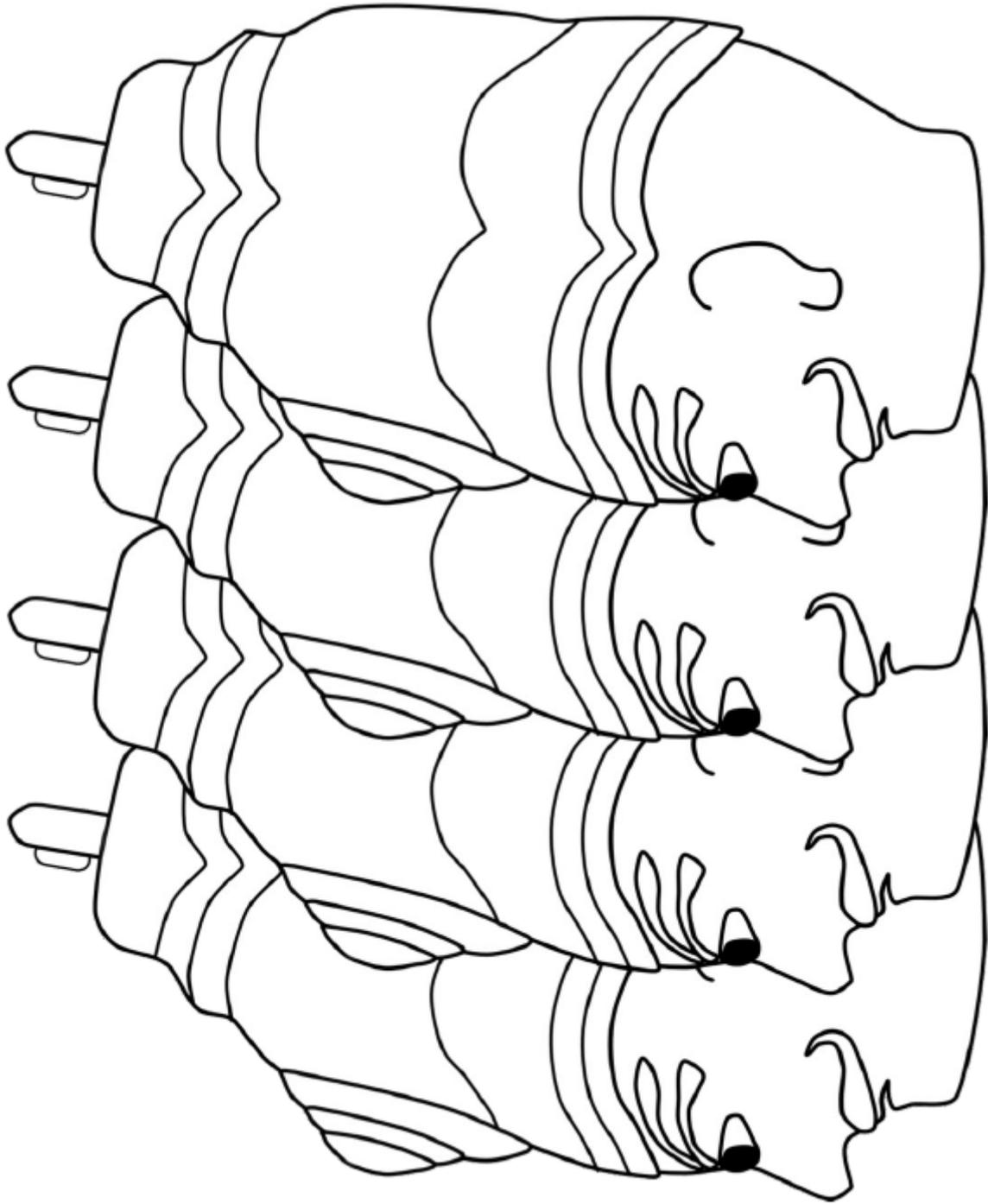
Hanuman



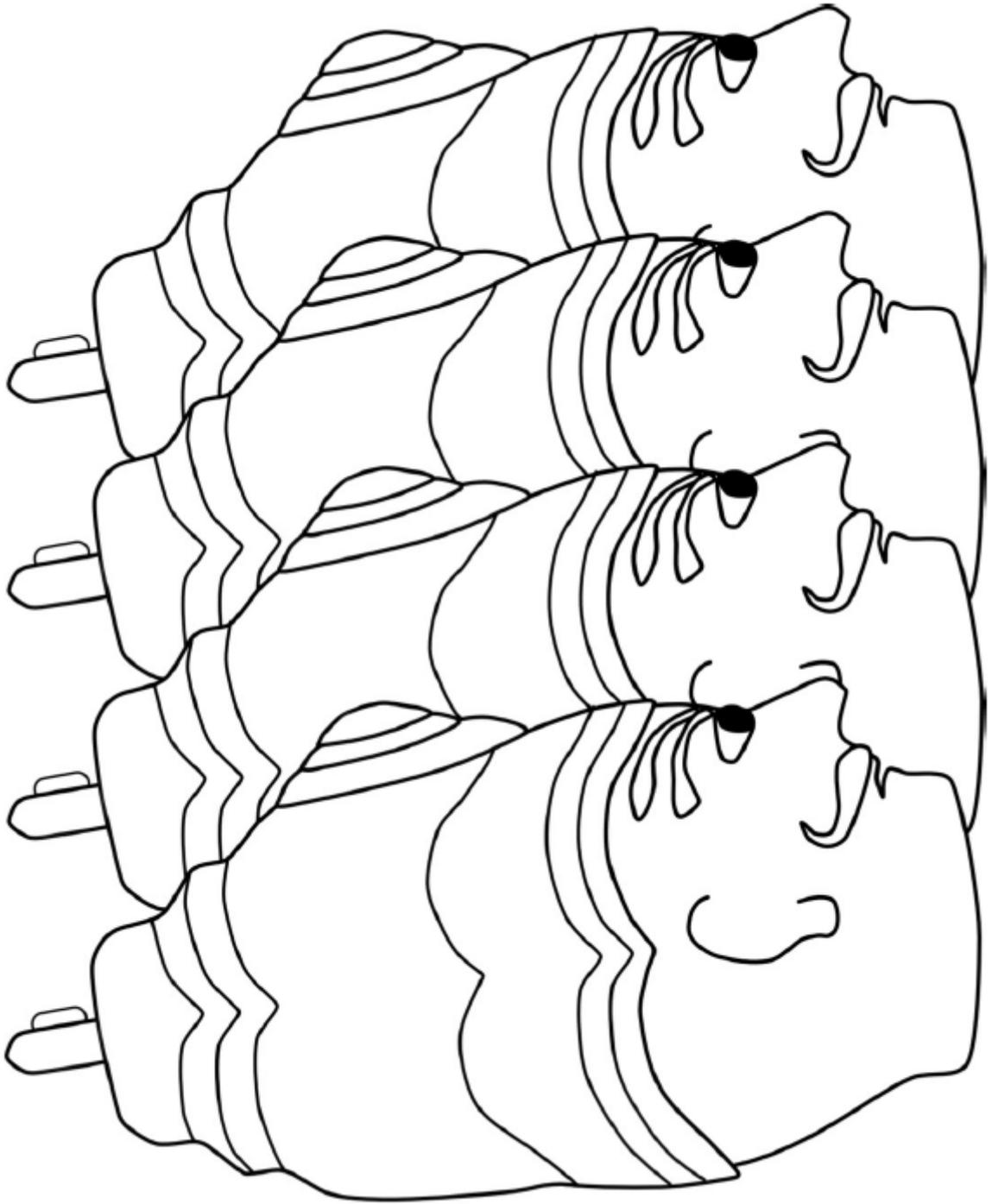
Ravana (front)



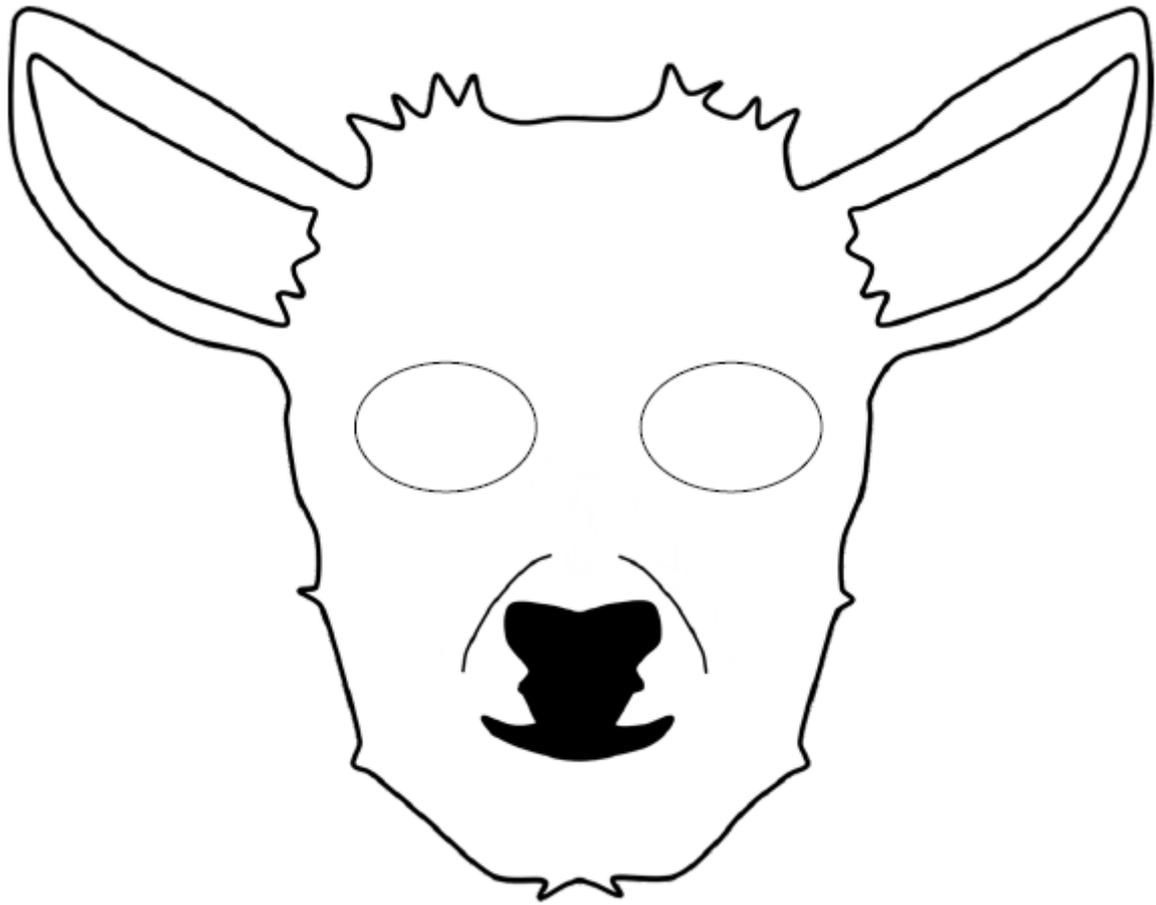
Ravana (left)



Ravana (right)



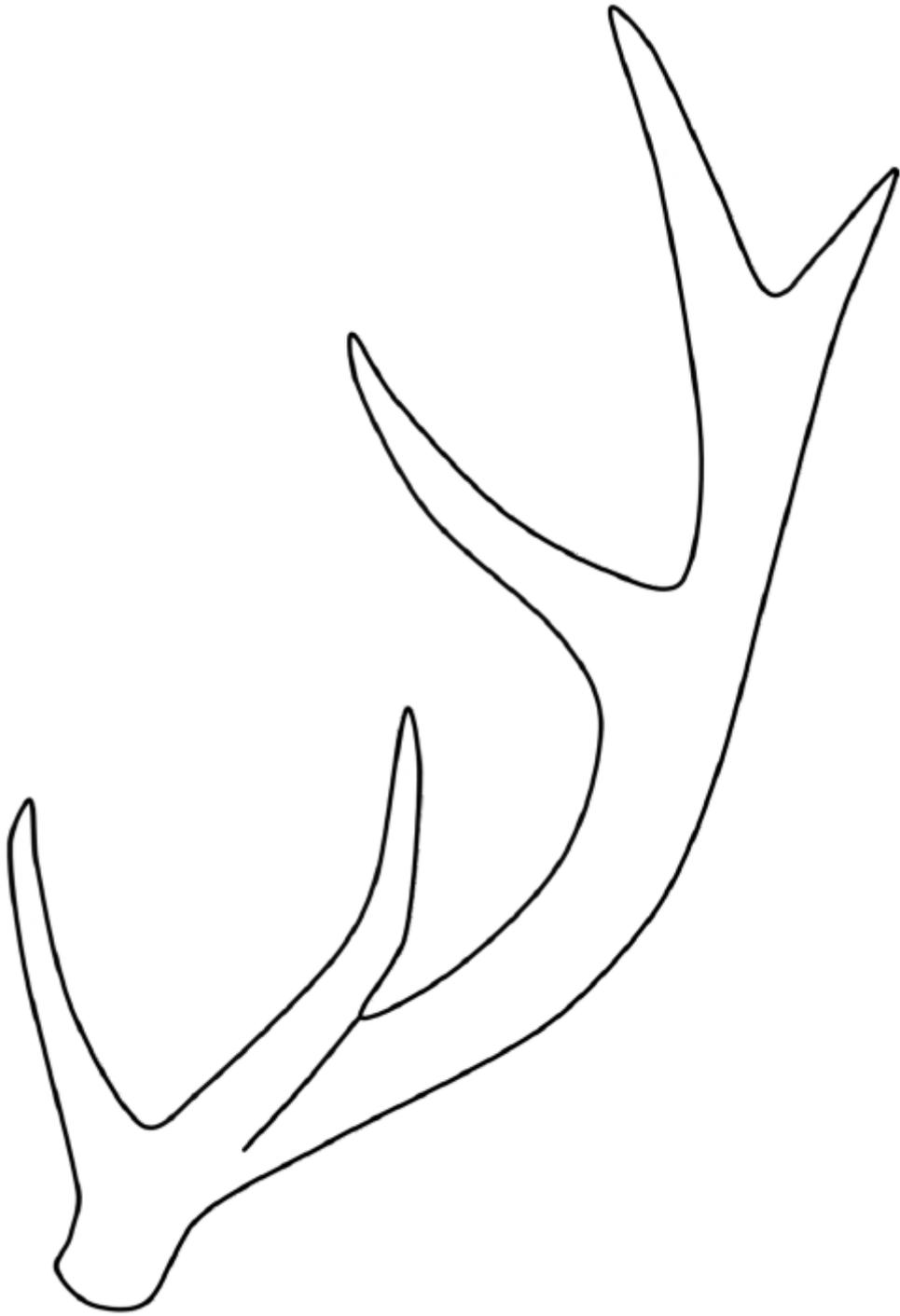
Golden deer



Left antler



Right antler



The story of Diwali

Once upon a time there was a great warrior, Prince Rama, who had a beautiful wife named Sita.

There was also a terrible demon king, Ravana. He had twenty arms and ten heads, and was feared throughout the land. He wanted to make Sita his wife, and one day he kidnapped her and took her away in his chariot. Clever Sita left a trail of her jewellery for Rama to follow.

Rama followed the trail of glittering jewellery until he met the monkey king, Hanuman, who became his friend and agreed to help find Sita. Messages were sent to all the monkeys in the world, and through them to all the bears, who set out to find Sita.

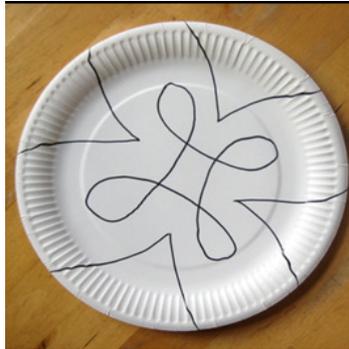
After a very long search, Hanuman found Sita imprisoned on an island. Rama's army of monkeys and bears couldn't reach the island, so they began to build a bridge. Soon all the animals of the world, large and small, came to help. When the bridge was built, they rushed across it and fought a mighty battle.

When Rama killed the evil Ravana with a magic arrow, the whole world rejoiced. Rama and Sita began their long journey back to their land, and everybody lit oil lamps to guide them on their way and welcome them back.

Ever since, people light lamps at Diwali to remember that light triumphs over dark and good triumphs over evil.

How to make Rangoli Patterns

Rangoli Patterns Inside



You will need:

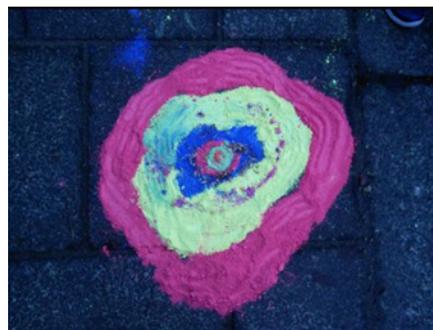
- Colourful poster paint
- Salt or rice
- Pots
- Paper plates
- Black marker pen
- Glue

Method:

1. Use ordinary table salt or rice and add paint. Use poster paint, and squeeze a little into a jug of salt/rice. Stir it all together and leave to dry over night
2. Draw a simple design on a paper plate
3. Fill each section of your design with glue
4. Fill with your choice of the coloured salt/rice. Bright colours look fantastic, e.g. Orange and yellow

Rangoli Patterns outside

Draw your designs in chalk, making them as simple or complicated as you like. Then fill in the designs using the same salt/rice mixture.



How to make Diva Lights

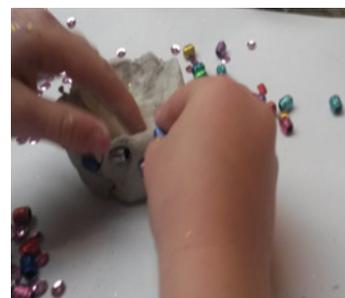
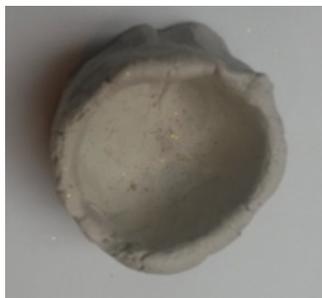
Brightly-coloured divas are placed in windows at Diwali

You will need:

- Modelling clay
- Paints in bright colours
- Glue
- Sequins and beads
- Tea lights

Method:

1. Take a piece of modelling clay and roll it into a ball in your hands
2. Press your thumb down into the centre of the clay ball to make a hollow area big enough to hold a tea light
3. While the clay is wet, stick on sequins and beads and cover the light
4. Alternatively, leave the diva to dry for at least 24 hours and paint in bright colours then glue on the decorations
5. Make a class window display of Divas



Hanukkah, Diwali and Eid song words

Hanukkah Song

(Sing to the tune of 'The Wheels on the bus')

Hanukkah is here again
here again
here again
Hanukkah is here again
Hip hip hooray

Light the Menorah
1,2,3
1,2,3
1,2,3
Light the Menorah
1,2,3
Hip hip hooray

Lots of fireworks
Bang bang bang
Bang bang bang
Lots of fireworks
Bang bang bang
Hip hip hooray

Potato latkes
Yum yum yum
Yum yum yum
Potato latkes
Yum yum yum
Hip hip hooray

Diwali Song

(Sing to the tune of 'The Wheels on the bus')

Diwali is here again
here again
here again
Diwali is here again
Hip hip hooray

Shining Lanterns
1,2,3
1,2,3
1,2,3
Shining Lanterns
1,2,3
Hip hip hooray

Lots of fireworks
lots of noise
lots of noise
lots of noise
Lots of fireworks
Lots of noise
Hip hip hooray

Lots of sweets for girls and boys
girls and boys
girls and boys
Lots of sweets for girls and boys
Hip hip hooray

Eid Song

(Sing to the tune of 'The Wheels on the bus')

Eid is here again
here again
here again
Eid is here again
Hip hip hooray

Mehndi patterns
1,2,3
1,2,3
1,2,3
Mehndi patterns
1,2,3
Hip hip hooray

Lots of fireworks,
Whiz whiz whiz
Whiz whiz whiz
Lots of fireworks,
Whiz, whiz, whiz
Hip hip hooray

Writing Eid cards
Love from me
Love from me
Love from me
Writing Eid cards
Love from me
Hip hip hooray